

Pascoe Vale Primary School No: 3081
362 Gaffney St, Pascoe Vale, 3044
Pascoe Vale Primary School is a child safe school

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Friday 21st June 2019

Term 2 week 9

Newsletter



Principal Report

School Council Report

The June meeting of the School Council was held on Wednesday night. The Council spent some time going through the School Child Safe Program and undertook training as well as endorsing the Child Safe Code of Conduct. At Pascoe Vale Primary, we are committed to keeping children safe.

School Council ratified a number of policies and some of these policies will go onto the Pascoe Vale PS website. Please feel free to have a look at these.

Semester Reporting

We are close to the end of term and first semester reports will all go out on Compass on Friday afternoon. Please read your child's report. We hope you will all attend your child/rens student led conference or parent teacher interview (Foundation students) next week. The semester report, Learning Progress Reports, and the conferences go together to give you a picture of your child's learning. It has been wonderful to wander into grades seeing the students working on publishing their work to present to their parents. It is a privilege to see and be a part of the students' development and the pride and care they put into their work.

Trivia Night

We have a full house for the trivia night on Saturday evening. I particularly want to thank Julie Hartnett, and her crew of helpers for all the work put into preparing for the evening, as well as Serren Callister and Andreas Sekeris who have again undertaken the organisation of the trivia part of the night. It is exciting to be using our own facility to accommodate the evening. I am looking forward to an entertaining evening. The fundraising from the trivia night will go towards the development of the playground and surrounding areas of the new building.

Building Update

The project is about to go out to tender. The current playground will be dismantled and moved to a new location in term 3.

Finally, I would like to wish everyone a good break over the term holidays. We have families and staff travelling in search of warmer weather, snowfields and other destinations, but for lots of people it will be nice having some relaxed time with less rushing around and hopefully opportunity to spend time together with family and friends. Don't forget school finishes earlier at 2.30pm on Friday 28th June. We will have an assembly at 2.00pm weather permitting.

I would like to wish everyone a safe and happy holiday.

Calendar



June

21 st	5/6 Interschool sport – home game
21 st	Creative Music Concert – 4pm in the library
22 nd	Trivia night
24 th	Creative Music Concert - 4pm in the library
26 th	Creative Music Concert - 4pm in the library
27 th	Grade 5/6 Italian Fashion Parade
28 th	Last day Term 2- Assembly 2pm and early finish

2.30pm

July

15th Term 3 begins

Foundation (Prep) Enrolment 2020

If you have a child that will be starting Foundation in 2020, please fill out an enrolment form and return it to the office as soon as possible. All enrolments are due in by August 9th. If you know of any local families that want to enrol their child for next year, please encourage them to do so now. Please see Sharon at the office for enrolment packs and any other enquiries related to enrolment at PVPS.

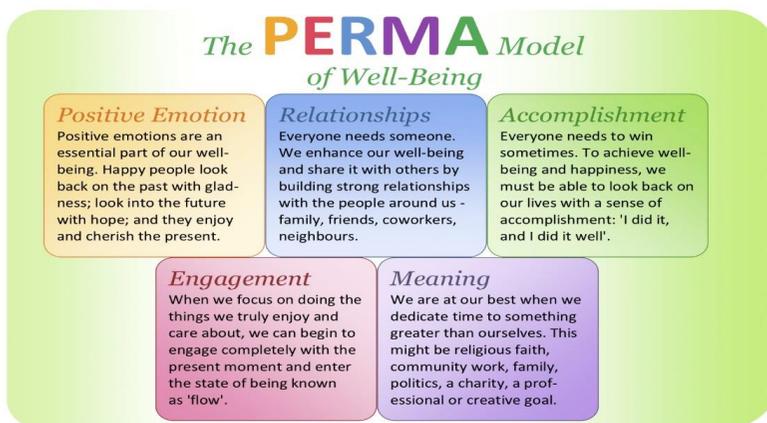
School Athletics Day

School Athletics day has been rescheduled to Wednesday 17th July (the first week back of term 3). Payment for the bus has been transferred over for this day. We have reopened the event on Compass for any families that had not paid and would now like their child to attend. The event will close on compass on Wednesday 26th June and we will be unable to accept any late payments.

"Wellbeing, not happiness, is fundamental to human health."

Positive Psychology is the scientific study of wellbeing (or the study of what goes right.) We are fortunate to have had Psychologist, Maria Ruberto, working with us at our last Curriculum day on a series of Positive Psychology modules tailored to the needs of our staff.

This was a wonderful opportunity to experience an engaging speaker on the topic of wellbeing and resilience- not only for staff but more so for our future, our students. Maria's presentation workshop included tools to use for our own wellbeing and that of others. These applications of psychology are anchored by research in neuroscience and brain function and framed by the science of optimism. Maria's focus 'which underpins a Positive Psychology program's focus' was on Martin Seligman's PERMA model of wellbeing.



From Martin Seligman's *Flourish*, 2011

I have included a link to a TED (Technology, Entertainment & Design) talk by Seligman: www.ted.com/talks/martin_seligman_on_the_state_of_psychology

The research shows that we need to participate in more Positive Education with our students to offer them the greatest opportunity for future success. To do that, it is important we engage in learning to put theory and research into practice. At PVPS our goal is to continually work on equipping our students with a range of strategies to use in their daily life, both at school and beyond the school gates. I am looking forward to this opportunity as our focus is not only on positive emotions: gratitude, strength, and 'feeling good' but also about holistic living and education. This includes understanding the value and importance of so-called 'negative' emotions (anger is key, for social justice, sadness and disappointment are part of the

human experience), and looks at constructive ways to manage our emotional responses to live well.

I look forward to updating the school community as we begin and continue this journey.



Maria walked away from PVPS, and her exact words were- *“What a bunch of outstanding teachers with enormous hearts”*-Maria Ruberto

Here is what some of our staff had to say about the day:

“I loved it, I could listen to her all day and more. I got a lot out of it mainly thinking positive and what stayed with me is her quote regarding the negative state of mind “if you feel bad you are going to have a bad day” Maxine Anderson.

“Maria was great! It was great to learn about managing anxiety and related it to my own wellbeing and how to use some of her coping tools for me and my family”. Vicky Agosta.

“The day with Maria was inspirational, motivating and made me realise that we need to be grateful for everything we have in our lives.” Kristina Karagiannidis.

“Deep understanding of positive wellbeing and the role it plays in having a healthy life” Anne Naughton.

“It was a worthwhile day for professional and personal coping strategies” Pam Conway.

“Listening to Maria was an eye opening experience. It made me take a step back and realise the importance of wellbeing and mental health. Maria was an amazing presenter who used relatable quotes, hard-hitting facts and amusing jokes. The day was well organised and the effort by staff was greatly appreciated”. Hayley Stead.

“One of the most valuable professional development days I have ever participated in”. Meredith Lamb.

“Maria was extremely informative. My team of OSHC staff all found the session extremely valuable and were able to take something from it personally and professionally. One of the best Professional learning sessions I have attended - Concetta Sergi

Maria Ruberto is an expert in her field of “The Science of Wellbeing”. She presented powerful material exploring a variety of areas regarding wellbeing. It was engaging and inspirational. I was on the edge of my seat wanting to hear more!
Rita Davide



Learn music

here at school

Come and join in the fun of learning to play keyboard, guitar, here at Pascoe Vale Primary School.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-to-one lessons of up to 30 minutes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Tuition costs from \$17.00 per lesson and enrolments are now being accepted for limited places in term 3.

Interested parents should call Sharon during office hours on 9818 2333 or email sharon@creativemusic.com.au

 Creative Music

www.creativemusic.com.au



Worried about the climate emergency?

Want to connect with other Moreland and Darebin residents to do something about it?

Come along to the

NEIGHBOURS UNITED FOR CLIMATE ACTION
INFORMATION EVENING

Monday 24th June

7:00 pm - 8:30 pm

**Progress Hall
1 Novian Street
Merlynston 3058
(Coburg North)**

Register your attendance at:

eventbrite.com.au/e/62982775176

Any queries?

Email: neighboursunitedca@gmail.com

Phone: Taryn D'Costa on 0431 134 103

We have some ideas on how to make our communities more sustainable and we'd love to hear yours too.

You may want to start a community garden, support a renewables initiative, or work on a campaign to protect Victoria's native forests...

Whatever your passion is, whatever the challenge or idea – bring it on June 24!

Who are we?

NEIGHBOURS UNITED FOR CLIMATE ACTION (NUCA) was started by a small group of Coburg North residents who want to bring the community together to protect our planet – we also want it to be fun and social! So, join us at the information evening with friends and neighbours, sign yourselves up for a project (big or small) and let's see what wonderful things we can achieve within our community and beyond!



Moreland City Libraries

**Other worlds 2019
Short story competition**



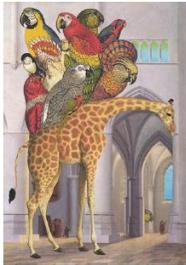
Writers of all ages are welcome to enter Moreland City Libraries' *Other worlds* 2019 short story competition.

Your story can be
written in 500 words (or less)
or
recited in 5 minutes (or less)

Write or recite a story in response to either of these artworks:



Carmel Louise: *The Vortex of Sins: Past & Present*
2018 photograph/ mixed media collage 82 x 46 cm
Image: Courtesy the Artist



Gracia Haby & Louise: *Jennison And Zarafa Kept Walking*
2013 Four-colour lithographic offset print on Fabriano Artistico
300gsm traditional white hot-press paper 53 x 23 cm
Image: Courtesy the Artists

Entry forms are available at all Moreland City Libraries or download a copy from our website moreland.vic.gov.au/libraries

Entries close Sunday 21 July 2019.

Start writing now!

Categories and prizes

Up to 8 years old:

Winner: Sphero SPRK+ robot

Achievement award: \$50 book voucher

9 to 12 years old:

Winner: Sphero SPRK+ robot

Achievement award: \$50 book voucher

13 to 17 years old:

Winner: \$200 JB Hi-Fi voucher

Achievement award: \$50 book voucher

Adult:

Winner: 1-year membership to Writers' Victoria
plus \$100 book voucher

Achievement award: \$100 book voucher

**Book vouchers are redeemable at most
Australian book stores.**

Pop-Up Playgroup!

Pascoe Vale & Brunswick West

Come and enjoy a few hours of fun with your children!



- Baby Play
- Active Play
- Arts & Craft
- Play-Doh
- Pretend Play
- Nature Play

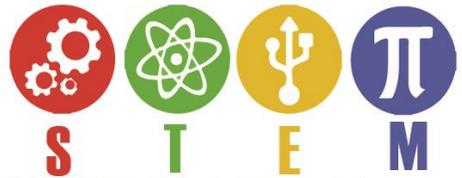
Friday 5th July
10am - 1pm
Pascoe Vale Community Centre
7 Prospect Street,
Pascoe Vale

Thursday 11th July
10am - 1pm
Wylie Reserve (Hockey Club)
South Daly Street,
Brunswick West

Playgroups are FREE to attend.
For more information contact the
Supported Playgroups team on 9240 2455



Daly/1000460



Holiday Program at Mercy College

Year 4 to 6 girls
Monday 1 July 2019 10.00am - 2.00pm

Come and join us for an exciting day of STEM activities where you can **IMAGINE**, **CREATE** and **INSPIRE** through a range of experiences with digital technologies and science experimentation!

Our program will include hands on workshops and challenges. Lunch will be provided.



TO REGISTER:

Book online at
<https://www.trybooking.com/BAKUN>
\$15.00 per person

76o Sydney Road, Coburg VIC, 3058
03 9319 9299
www.mercycoburg.catholic.edu.au



SCHOOL HOLIDAY ACTIVITIES

@ Sussex Neighbourhood House

7 Prospect St. Pascoe Vale ph 9354 2210 enquiries@sussexnh.org.au



Polymer Clay Necklace
Mon 1 July
11am-1pm
Ages 6+ \$20
Learn to work with polymer & create your own necklace to take home



Embroidered Donught
Tues 2 July
9am-10.30am
ages: 5-10
\$20 / \$15 onc
Make and decorate a doughnut shaped magnet, with blunt needles. Great for coordination skills.



Girls Create
Wed 3 July 10am-2pm
Ages: 8-11

ArtWorks
Wed 10 July 10am-2pm
Ages 12-14

Each sess \$50/\$35 onco



Shrink Art Jewellery
Monday 8 July
10am-12.30pm
Ages 6+ \$17.50
shrink your artwork to make unique jewellery to wear



Skittle The Clown
Tues 9 July
11am-12pm
ages: all ages
\$10
Clown, play and story time for Children



Sew A Tote Bag
Tues 9 July
1-4.30pm Ages 10+
\$25 /\$20 onco
Sew a cool reversible tote bag. Beginners & Intermediate
BYO sewing machine
*ask for Kit list



Card Making
Thurs 11 July
10am-12pm AND
1-3pm
Ages: 6+
A fun session learning lots of techniques
\$17.50 each sess



Pre School Playtime
Friday 12 July
10am-11.30pm (2-3 yo)
12.30-2pm (3-5yo)
\$20/\$15 each sess
Music/Dance/Rhyme and Play with Dori

see our Facebook page for full details on each program!



Sushi Making Workshop
Wed 3, 10-11.30am
Ages 6+ \$6

